# TBT-induced imposex in marine neogastropods is mediated by an increasing androgen level

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ABSTRACT: Tributyltin (TBT) exposure at different concentrations (5, 50, and 100 ng TBT as Sn/l) induces a concentration- and time-dependent imposex (= pseudohermaphroditism) development in female Nucella lapillus and Hinia reticulata. In both species the average imposex stage, termed as vas deferens sequence (VDS) index, and the average female penis length increases with increasing TBT concentration and duration of TBT exposure. Testosterone added at a concentration of 500 ng/l induces a faster and more intensive imposex development compared to that induced by the TBT concentrations used in the present experiments. Radioimmunological determination of endogenous steroid content reveals increasing testosterone titres in female gastropods exposed to TBT which correlate with the TBT concentration used and the duration of the experiment. The most marked and highest increase of the endogenous testosterone level is exhibited by females of both species exposed to testosterone. Simultaneous exposure to TBT and to the antiandrogen cyproterone acetate which suppresses imposex development completely in N. lapillus and reduces imposex development strongly in H. reticulata proves that the imposex-inducing effects of TBT are mediated by an increasing androgen level and are not caused directly by the organotin compound itself. Furthermore, TBT-induced imposex development can be suppressed in both snails by adding estrogens to the aqueous medium. These observations suggest that TBT causes an inhibition of the cytochrome P-450 dependent aromatase system which catalyses the aromatization of androgens to estrogens. The increase of the androgen content or the shift of the androgen-estrogen balance in favour of androgens induces the development of pseudohermaphroditism in marine prosobranchs. Artificial inhibition of the cytochrome P-450 dependent aromatase system using SH 489 (1-methyl-1,4androstadiene-3,17-dione) as a steroidal aromatase inhibitor and flavone as a nonsteroidal aromatase inhibitor induces imposex development in N. lapillus as well as in H. reticulata.

# INTRODUCTION

The use of tributyltin (TBT) compounds as biocides in antifouling paints and wood preservatives leads to contamination of marine and freshwater environments. TBT has been shown to be highly toxic to a number of aquatic animals including fish (Hall & Pinkney, 1985; Martin et al., 1989; Fent, 1991; Fent & Meier, 1992), mussels, oysters (Laughlin et al., 1986; Thain, 1986; Thain & Waldock, 1986; Langston et al., 1987; Chagot et al., 1990) and crustaceans (Evans & Laughlin, 1984; Cardwell & Sheldon, 1986). In marine prosobranch snails, TBT induces reproductive abnormalities and sterilization of female animals. This phenomenon, termed as pseudohermaphroditism (Jenner, 1979) or imposex (Smith, 1971), is characterized by the development of additional male sex organs

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(penis and/or vas deferens and prostate tissue) on females. A first description of imposex was given by Blaber (1970) for Nucella lapillus; he described females with a penis-like outgrowth behind the right ocular tentacle. Meanwhile, TBT-induced pseudohermaphroditism is a widespread phenomenon within the Prosobranchia and has been recorded in 118 species belonging to 63 genera (Fioroni et al., 1991). Since 1970, mainly Ocenebra erinacea (Féral, 1974, 1976a-c, 1980; Oehlmann et al., 1992), Ilyanassa obsoleta (Smith, 1971, 1980, 1981a-d; Bryan et al., 1989) and especially N. lapillus (Féral, 1980; Gibbs et al., 1987, 1988; Oehlmann et al., 1991) and Hinia reticulata (Stroben et al., 1992a,b) have been used as indicator species for TBT biomonitoring. Because of its high TBT sensitivity, N. lapillus has declined in many areas of Europe over the past 10 to 15 years (Gibbs & Bryan, 1986, 1987; Oehlmann et al., 1991).

The intensity of imposex development is characterized by a new classification system (Fig. 1) which is based on the description of Blaber (1970) and distinguishes 6 stages of imposex expression with three different types (a,b,c) in the first three stages and in stage 5, and two types in stage 4 and 6 (Oehlmann et al., 1992; Stroben et al., 1992a). This imposex classification, which is generally valid for the imposex description in all prosobranch species, depends on the presence of a penis, the extension of the vas deferens and an intact vaginal opening. Stage 0 refers to a normal female without any male characteristics. The first symptoms of pseudohermaphroditism as described in stage 1 are a small penis without a penis duct behind the right tentacle (type a), a short distal vas deferens-section also behind the right tentacle (type b) or a short proximal vas deferenssection beginning at the vaginal opening (type c). Depending on the environmental TBT pollution and the sensitivity of each gastropod species, the morphological expression of male sex characteristics increases continuously. Stage 4, which represents the last fertile stage of imposex, is characterized by a penis with a penis duct and a complete vas deferens either running from the penis over the bottom of the mantle cavity up to the vaginal opening or the vas deferens passes the vaginal opening and runs into the ventral channel of the capsule gland (type 4\*). In stage 5, the vagina is either replaced by a small prostate gland (type a) or the vaginal opening is occluded by proliferating vas deferens tissue (type b). In type c, the ontogenetic closure of the pallial oviduct is incomplete; either the bursa copulatrix alone or, additionally, the capsule gland are split ventrally for up to two-thirds of its length. From this stage onwards, TBT-induced imposex development leads to reproductive failure and to sterility because copulation is impossible and egg-capsules can neither be released in type a and b nor be produced in type c. In stage 6, the lumina of the capsule gland and its vestibulum are filled with an accumulation of abortive eqg capsules, provoking an intensive swelling of the capsule gland and, finally, often a rupture causing the death of the animal. As a consequence of high TBT exposure in early life stages, a sex change might occur in the dogwhelk N. lapillus (Gibbs et al., 1988; Oehlmann et al., 1991) and in Ocinebrina aciculata (Fioroni et al., 1991; Oehlmann et al., 1996), which is characterized by a suppressed oogenesis and a commenced spermatogenesis.

Although the morphological aspects of TBT-induced pseudohermaphroditism have been investigated intensively in many prosobranch species by different research groups (Fioroni et al., 1991), the detailed biochemical mechanism of this phenomenon has remained obscure. Féral & Le Gall (1983) demonstrated in female *Ocenebra erinacea* an alteration of the neurosecreta of the pedal ganglia after TBT-exposure which induces



Fig. 1. General scheme of imposex evolution in prosobranchs. Abbreviations: ac, aborted capsules; cg, capsule gland; gp, genital papilla; obc, open bursa copulatrix; ocg, open capsule gland; ocv, occlusion of the vulva; p, penis; pd, penis duct; pr, prostate; te, tentacle; vd, vas deferens; vdp, vas deferens passage into capsule gland; vds, vas deferens section

development of a penis and vas deferens-sections. Our own radioimmunological determinations of sexual hormones in unaffected and affected females suggest the involvement of steroids in the expression of imposex (Stroben et al., 1991). Pure females display the lowest testosterone content, whereas advanced imposex stages have the highest testosterone content. Similar results in the dogwhelk were obtained by Spooner et al. (1991). These findings gave occasion for further experiments to investigate the influence of TBT on the steroid metabolism in *H. reticulata* and *N. lapillus*.

## MATERIALS AND METHODS

All experiments were conducted with *Nucella lapillus* and *Hinia reticulata*. Because of the widespread coastal TBT pollution, it is virtually impossible to find populations of both species in Europe which are totally unaffected by imposex. The experimental specimens were collected in low-polluted areas of the French coast, in Méan Mélen (*N. lapillus*) and Pointe de Pléneuf (*H. reticulata*) where about 50 to 90 % of the females already exhibit imposex development that was, however, still at a moderate stage.

For the laboratory experiments, a 24- to 48-h static renewal system in 80-litre glass aquaria provided with Eheim power filters and artificial seawater (salinity 35 ‰) was used. The natural temperature fluctuations at Roscoff (Brittany, France; 8.5 °C in winter, 16 °C in summer) were imitated. The experiments with application of different TBT concentrations and testosterone were run under a constant photoperiod of 12:12 (L:D), whereas all other experiments were carried out under natural light conditions according to season. For every experiment, 200 to 250 snails of each species were kept in two connected aquaria, and a tide simulation system was employed.

E x p e r i m e n t 1. To examine the concentration-dependent relationship between TBT exposure and imposex development, *N. lapillus* and *H. reticulata* were exposed for 6 months to TBT at concentrations of 5, 50, or 100 ng as Sn/l.

Experiment 2. To investigate an imposex-inducing capability of androgens, the gastropods were exposed in this experiment for 5 months to testosterone at a concentration of 500 ng/l.

Experiment 3. To prove whether the imposex-inducing effects of TBT are mediated by androgens, the snails were simultaneously exposed for 5 months to a TBT concentration of 50 ng as Sn/l with and without 1.25 mg/l cyproterone acetate. The antiandrogen cyproterone acetate reduces free androgen binding sites by competitively blocking the androgen receptors without causing androgen effects.

Experiment 4. To study the influence of estrogens in TBT-induced pseudohermaphroditism, *N. lapillus* and *H. reticulata* were kept for 5 months in seawater which contained 50 ng TBT as Sn/l with and without 1  $\mu$ g/l of an estrone and 17 $\beta$ -estradiol mixture (1:1).

Experiment 5. In this experiment, the effects of the specific aromatase inhibitor SH 489 and of the non-specific aromatase inhibitor flavone on both gastropods were studied. SH 489 (1-methyl-1,4-androstadiene-3,17-dione) used at a concentration of 0.3 mg/l for 5 months belongs to the group of compounds which cause a competitive and irreversible inhibition of the cytochrome P-450 dependent aromatization of androgens to estrogens (Henderson, 1987). Flavone was used at a concentration of 2.7 mg/l seawater.

The analyses were conducted at monthly intervals (sample size 30 specimens) with

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an additional sample 2 weeks after starting the experiments. The specimens were narcotized in a solution of 7 % MgCl<sub>2</sub> in distilled water. After cracking the shell with a vice, the external properties of the genital tract including vas deferens extension and penis length were measured to the nearest 0.1 mm. For imposex classification the snails were sexed; the penis and vas deferens extension were measured and the imposex stage according to Stroben et al. (1992a) determined. As imposex indices, the VDS (vas deferens sequence) index as the average imposex stage of a population and the average female penis length were calculated.

### Reagents

All solvents used for extraction and purification were p.a. grade and were obtained either from Merck, Germany or J. T. Baker, Netherlands. Cyproterone acetate and SH 489 (1-methyl-1,4-androstadiene-3,17-dione) were generously supplied by Schering, Germany. Flavone (2-phenyl-4H-1-benzopyran-4-one) was purchased from Sigma, Germany. Tritiated steroids employed for the estimation of extraction recovery were purchased from bio Mérieux, France. Endogenous steroids of the snails were measured after extraction by radioimmunoassays with <sup>125</sup>J labelled tracers using the Clinical Assay<sup>TM</sup> (Sorin Biomedica, Italy) for the determination of 17β-estradiol and the Double Antibody Assay (Diagnostic Products Corporation, USA) for the estimation of testosterone. To approximate the matrix effects of the measurement, the standards of the 17B-estradiol assay which were dissolved in human serum were replaced by our own standards in borate buffer ranging from 0.25 to 25 pg  $17\beta$ -estradiol per tube. Radioimmunological determination of the steroids was carried out in duplicate according to the instructions of the manufacturers. Since the testosterone antiserum reacts not only with testosterone but also with dihydrotestosterone (34 % cross-reactivity), this androgen was also registered during the measurement. The cross-reactivity to other naturally occurring steroids was less than 3.8 % for the testosterone antiserum and 0.6 % for the 17 $\beta$ -estradiol antiserum.

## Steroid extraction

Single weighted specimens were homogenized in 2 ml ethanol and frozen for at least 24 h. Homogenates were extracted at first with 8 ml of diethyl ether and in two further extractions with 10 ml diethyl ether: (4:1, v/v) for 10 min. The solvent extracts were combined and evaporated under a stream of compressed air in a waterbath at 37 °C. After being redissolved in 2 ml 80 % methanol, the residues were washed twice for 5 min with 5 ml petroleum ether to remove the lipid fraction. The washed methanol fractions were evaporated to dryness and redissolved in 1 ml borate buffer for radioimmunological determination. Serial dilutions of extracts gave optimum parallelism to the standard curves of the radioimmunoassays used and indicated the suitability of the extraction method which can be used without extracting interfering substances. In order to estimate the extraction efficiency, homogenates were extracted after addition of either <sup>3</sup>H labelled testosterone or <sup>3</sup>H labelled  $17\beta$ -estradiol. An aliquot of each sample was counted after extraction in a liquid scintillation counter. Calculated recovery values were  $62.2\pm5.04$  % for testosterone (n = 9), and  $84.3 \pm 5.84$  % for  $17\beta$ -estradiol (n = 9). The petroleum ether phase used to remove the lipids contained  $3.12 \pm 0.91$  % of testosterone and  $5.03 \pm 1.03$  % of 17 $\beta$ -estradiol.

#### Organotin analysis

TBT and dibutyltin (DBT) compounds were determined according to Stroben et al. (1992a). One to five specimens were homogenized in stoppered tubes and 10 ml of concentrated HCl was added. After shaking for 30 min, the tissues were extracted with 10 ml hexane on an automatic shaker for 30 min and then centrifuged. TBT as Sn plus DBT as Sn were measured in the hexane extract using a Perkin-Elmer HGA-500 attached to a Perkin-Elmer 5000 AAS (wave length 224.6 nm; slit 0.7 nm; injection volume 25  $\mu$ l). A background correction was used. TBT as Sn was determined in the hexane extract after shaking with 3 ml 1N NaOH for 3 min. Internal standardization (standard addition with spiked samples) was employed. Certified reference material (CRM; PACS-1, delivered by the National Research Council of Canada) was analysed additionally. Our results were within the standard deviation of the certified values of the CRM. Recovery factors were 92.3  $\pm$  9.4 % for DBT and 91.4  $\pm$  8.4 % for TBT. The detection limit (3 $\sigma$ ) in a single sample was 7.4 ng DBT as Sn and 8.8 ng TBT as Sn.

# RESULTS AND DISCUSSION

Exposure to TBT at different concentrations (5, 50, and 100 ng TBT as Sn/l) triggers a concentration- and time-dependent imposex development both in female *Nucella lapillus* and in female *Hinia reticulata* (Fig. 2). In both species, the average imposex stage of a sample, termed as vas deferent sequence (VDS) index, and the average female penis length increases with increasing TBT concentration and duration of TBT exposure. Testosterone added at a concentration of 500 ng/l induces in the absence of TBT a faster and more intensive imposex development compared to the applied TBT concentrations of 5 to 100 ng TBT as Sn/l.

In comparison with the controls, female gastropods of the TBT exposure groups present increasing endogenous testosterone titres which correlate with the TBT concentration and the duration of the experiment (Fig. 3). After a 2-month exposure, the testosterone values for the highest TBT concentration in N. lapillus are significantly different from those of the control; and after four months of exposure, the values for the 50 and 100 ng TBT as Sn/l exposure groups differ from those of the untreated animals. In H. reticulata, differences of the testosterone titre from that of the control appear after 4 months exposure in all three TBT-treated groups. After 6 months, both species exhibit a significantly higher testosterone content in all TBT exposure groups compared to the control. A marked and very high increase of the endogenous testosterone level is measured in females of both species exposed to testosterone. The high testosterone values which are significantly different from those of the control group at all monthly intervals account for the advanced imposex development of this experimental group compared to all TBT-exposed animals and indicate the capability of the snails to accumulate steroids from the aqueous environment. A comparison of the endogenous testosterone content and the different imposex stages of both species in the TBT experiments demonstrates that the more advanced imposex stages exhibit higher testosterone levels in the tissue compared to those in pure females (imposex stage 0; cf. Figure 4). All values in N. lapillus and all values, with the exception of stage 0 versus stage 1, in H. reticulata are significantly different from each other.

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months after start of experiment

Fig. 3. The effect of TBT exposure on the endogenous testosterone titres in female Nucella lapillus
(a) and female Hinia reticulata (b). ■ control; ■ 5 ng TBT as Sn/l; □ 50 ng TBT as Sn/l; □ 100 ng TBT as Sn/l; □ 100 ng TBT as Sn/l.

Previous results suggest the involvement of androgens in the imposex development in marine neogastropods, but give no evidence that the effects of TBT are induced either directly in the organism or are mediated by an increasing androgen level. To gain this proof, the snails were simultaneously exposed to a TBT concentration of 50 ng as Sn/l and to the antiandrogen cyproterone acetate which is a competitive inhibitor of androgen receptors (Fig. 5). Imposex development is completely suppressed in *N. lapillus*. In





а

b





Fig. 4. Testosterone titres in the different imposex stages of female Nucella lapillus (a) and female Hinia reticulata (b). The values for the single stages are with the exception of stage 0 versus stage 1 in *H. reticulata* significantly different from each other (Student's t-test, p < 0.01, in *N. lapillus* stage 0: n = 13; stage 1: n = 16; stage 2: n = 53; stage 3: n = 53; stage 4: n = 105; in *H. reticulata* stage 0: n = 29; stage 1: n = 25; stage 2: n = 27; stage 3: n = 138; stage 4: n = 36)

female H. reticulata, penis growth is also entirely suppressed, whereas the increase of the VDS index is only reduced but not completely blocked.

The distinct reaction of both snails may be attributed to a species-specific content of androgens and to a different androgen sensitivity of various tissues in each species.





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Although the measured testosterone levels are almost in the same range, the concentration of the endogenous androstenedione may possibly be higher in *H. reticulata* than in *N. lapillus*. Androstenedione, one of the male sex hormones, can be aromatized to estrogens by molluscs (Le Guellec et al., 1987) and was detected beside progesterone, testosterone, 17ß-estradiol, estrone and estriol in *H. reticulata* by HPLC and radioimmunoassay (Bettin, unpublished results). Androgen action in androgen-sensitive tissues requires the presence of androgen receptors to mediate transcriptional activation. A different regional distribution and intensity of androgen receptors among the target tissues may lead to a different reaction, although the tissues are exposed to the same androgen sensitivity of special tissues, the added amount of cyproterone acetate was not sufficient in *H. reticulata* to block all androgen receptors. The lack of androgen receptors in distinct tissues might be the reason for low or missing imposex development in some gonochoristic prosobranch species, although their natural environment suffers from high TBT pollution.



Fig. 6. Scheme of biosynthesis of steroid hormones with possible target of TBT

The results of this experiment prove that the imposex-inducing effects of TBT are mediated by an increasing androgen level and are not caused directly by the organotin compound itself.

The present studies suggest that TBT disturbs the biosynthesis of steroid hormones by inhibiting the aromatization of the androgens androstenedione and testosterone to the estrogens estrone and 17ß-estradiol (Fig. 6). Steroid hormones, which have been detected in various organs of mollusc species, control both the development and the function of gonads and accessory sex glands as well as the sexual behaviour during the reproductive cycle (cf. Joosse, 1984; Joosse & Geraerts, 1983). Investigations on the gonad tissue of some molluscs have demonstrated that steroidogenesis takes place by following a pathway very similar to that found in vertebrates (De Longcamp et al., 1974; Lupo di Prisco & Dessi Fulgheri, 1975). In vertebrates and many invertebrates, including molluscs, a multifunctional oxygenase (MFO) system exists which catalyses the conversion of androgens to estrogens (Kirchin et al., 1988; Livingstone et al., 1989, 1990; Payne et al., 1991). The same MFO system is believed to be responsible for the TBT debutylation (Lee, 1985, 1986). We presume that TBT leads to a competitive inhibition of the cytochrome P-450 dependent aromatase and consequently to an increase in the androgen level.

It could be expected that an increase of the androgen content and/or a change of the androgen-estrogen balance in favour of the androgens induces the development of pseudohermaphroditism. To verify this hypothesis, the gastropods were simultaneously exposed to TBT at a concentration of 50 ng as Sn/l and to an estrogen mixture containing 500 ng/l 17 $\beta$ -estradiol and 500 ng/l estrone (Fig. 7). The added estrogens suppress TBT-induced imposex development in both gastropod species. In *N. lapillus* an increase of the VDS index and in *H. reticulata* an increase of the female penis length are completely prevented, whereas the female penis growth in the dogwhelk and the increase of the VDS index in *Hinia* are strongly reduced.

In *N. lapillus* no significant change was measured in the endogenous  $17\beta$ -estradiol content during exposure to TBT at a concentration from 5 to 50 ng as Sn/l, whereas in *H. reticulata* rising  $17\beta$ -estradiol levels were found in all TBT exposure groups compared to the control group after 4 months (Fig. 8). For the development of pseudohermaphrodi-

	Body burden in <i>N. lapillus</i>		Body burden in <i>H. reticulata</i>	
	TBT (µg as Sn/l	DBT kg dry wt.)	TBT (µg as Sn/	DBT kg dry wt.)
Control <sup>a</sup>	35.80	13.50	44.20	132.00
Control <sup>b</sup>	12.70	42.13	16.48	37.78
Testosterone Exposure <sup>b</sup>	121.47	nd <sup>c</sup>	52.29	nd <sup>c</sup>
<sup>a</sup> values at the begi <sup>b</sup> values 3 months a <sup>c</sup> nd, not detectable	nning of experimen after start of experin	lt nent		

 Table 1. Effect of testosterone exposure (500 ng/l) on the TBT (tributyltin) and DBT (dibutyltin) body

 burden in female Nucella lapillus and female Hinia reticulata

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Fig. 8. The effect of TBT exposure on the endogenous 17β-estradiol titres in female Nucella lapillus
(a) and female Hinia reticulata (b). ■ control; ■ 5 ng TBT as Sn/l; □ 50 ng TBT as Sn/l;
□ 100 ng TBT as Sn/l

tism, a special threshold value of androgens or an alteration of the androgen-estrogen relation might be important. In *N. lapillus*, the ratio of testosterone to  $17\beta$ -estradiol increases from 6:1 in unaffected animals to 17:1 in snails exposed for 6 months to 100 ng TBT as Sn/l (Fig. 9). In *H. reticulata*, a significant change in the testosterone- $17\beta$ -estradiol ratio is not observed. In this mollusc species, the main steroids may be androstenedione and estrone, which were not selected for monitoring in this study.



Fig. 9. The effect of TBT exposure on the ratio of testosterone to 17β-estradiol in female *Nucella lapillus* (a) and female *Hinia reticulata* (b). ■ control; ■ 5 ng TBT as Sn/l; ■ 50 ng TBT as Sn/l; □ 100 ng TBT as Sn/l

Further evidence of a competitive inhibition of the cytochrome P-450 dependent aromatase system by the organotin compound was provided by the determination of the endogenous content of TBT and its debutylation product DBT in those snails exposed to testosterone at a concentration of 500 ng/l. During this experiment, *N. lapillus* and *H. reticulata* show an increase of endogenous TBT content and a decrease of the debutylation product DBT, whereas the controls show a continuous TBT debutylation. No





DBT could be detected in animals of either snail species that had been exposed for three months to testosterone; this indicates that TBT degradation had ceased (Table 1).

The low TBT body burden in the experimental control snails is due to the background TBT pollution of their original biotope. TBT accumulation in the gastropods is also caused by TBT pollution of the supplied food (mussels and barnacles containing  $12.8 \pm 9.3 \mu$ g TBT as Sn/kg dry wt.; n = 8). But in neither mollusc species is the low accumulated endogenous TBT concentration able to induce advanced imposex stages. The results of these experiments suggest that due to the different concentrations of both substrates which are metabolized by the cytochrome P-450 dependent aromatase – a high endogenous testosterone and a low endogenous TBT content – the balance of metabolism is displaced in the direction of testosterone aromatization with the effect of decreasing TBT debutylation.

If TBT inhibits the aromatization of androgens, specific aromatase inhibitors should also be able to induce imposex. In a further experiment, the effects of the specific steroidal aromatase inhibitor SH 489 (1-methyl-1,4-androstadiene-3,17-dione) were compared to a solvent control and to a TBT exposure group with 50 ng TBT as Sn/l (Fig. 10). As expected, the specific aromatase inhibitor shows the same imposex-inducing effect as a TBT-exposure. Both *N. lapillus* and *H. reticulata* demonstrate increasing VDS indices, and in both snails the average female penis length is significantly greater than in the control. Imposex-inducing effects were also obtained in both mollusc species by using flavone in a concentration of 2.7 mg/l seawater as a non steroidal aromatase inhibitor (Ibrahim & Abul-Hajj, 1990). Because of the lethal effects of the non specific aromatase inhibitor flavone, these experiments have to be suspended after three months exposure (data not shown).

The present studies suggest that TBT inhibits aromatization by competing with androstenedione and testosterone for the substrate binding sites of the cytochrome P-450 dependent aromatase. The resulting increase of androgens which causes an alteration of androgen-estrogen balance induces the development of pseudohermaphroditism in marine prosobranchs. Further biochemical studies on the structural elucidation of the aromatase active sites may be helpful in delineating the mechanism of action of the TBT aromatase inhibition.

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