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Culture of benthic diatom *Nitzschia* sp. with macroalgae carriers and its application as feed of juveniles *Stichopus japonicus*



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Abstract

Carrier culture is the combination of suspension culture and adherent culture. Carriers could be used to improve the culture efficiency of large-scale culture of adherent benthic diatom. In order to identify a suitable carrier for mass suspension culture of the benthic diatoms Nitzschia sp. powders of seven macroalgae were used as carriers for diatom attachment including Ulva pertusa, degummed Laminaria japonica, Sargassum muticum, Chaetomorpha valida, Zostera marina, Sargassum fusiforme and Sargassum thunbergii. Diatoms could grow on the surface of the suspended carriers and could effectively utilize the nutrients released by the decomposition of these carriers. Among the seven carriers, Ulva pertusa powder was the most effective for Nitzschia culture when comprehensively considering the nutrition of the harvested diatoms and nutrient utilization of the algae carrier by diatoms. The seaweed powder was dried at 80 °C before used as carrier, this process should meet the sterilization requirements for microalgal culture and is easy to implement in the large-scale cultivation of diatoms. Diatoms cultured with carriers were used to feed juveniles Stichopus japonicus with a wet weight of 5.0 ± 2.0 q, as well as diatoms cultured using conventional methods without carriers, and no significant differences were observed between the two kinds of feed. Compared to sea cucumbers fed with commercial feed, the growth rate of S. japonicus fed with carrier-cultured diatoms was approximately 1.5 times greater, and the activities of non-specific immune enzymes were improved in the coelomic fluid including acidic phosphatase, alkaline phosphatase and superoxide dismutase. Feeding sea cucumber with fresh diatoms could effectively reduce the total nitrogen and total phosphorus in the culture water, improve the water quality, and promote the breeding of sea cucumbers, regardless of whether the carrier culture was adopted.

Keywords: Nitzschia sp., Carrier, Culture, Feed, Stichopus japonicus

Background

The sea cucumber *Apostichopus japonicus* has become one of the most important fishery resources in Asia, especially in China. Industrial aquaculture methods for sea cucumbers are being rapidly developed, in which artificial feed (formulated diets) are needed [1]. Feed is a key factor in the culture of sea cucumbers. *A. japonicus* has a wide range of food sources, such as animal and plant detritus, microorganisms and the excrement of other

animals. The usual feed used in the culture of *A. japonicus* is a mixture of powdered macroalgae and sea mud [2]. The main function of sea mud is thought to be to provide diatoms [3], but the quantity of diatoms in sea mud cannot meet the nutrient demand of sea cucumber, so a large amount of macroalgal powder should be input as nutrient, which may pose an environmental risk from uneaten or undigested food [2]. Therefore, it is critical to identify substitutes for the macroalgae and sea mud in order to meet the nutritional needs of sea cucumbers.

Live diatoms are a potential alternative, which are rich in protein, fatty acids, trace elements and other nutrients, and are commonly used as fresh food for fish, shellfish,

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shrimp, and in particular, their larvae. In the aquaculture of abalone, sea urchin, sea cucumber, and other economically important marine animals, diatoms could be used as live food for various stages of growth [4–6]. As living food, diatoms have the potential to regulate water quality, control nutrient levels in water, reduce the occurrence of animal diseases [6], and have been widely used in the aquaculture of abalone, sea urchins, and sea cucumbers in China, Japan, and Chile.

The culture of planktonic microalgae has developed from batch-culture to semi-continuous and fully continuous culture, from manual culture to semi-automatic and even fully automatic continuous culture [7–9]. Most diatoms have the ability to secrete extracellular polymers [10], the adhesive properties of these polymers make it difficult to realize the large-scale cultivation of benthic diatoms using semi-continuous and continuous culture technology, as well as the harvest of benthic diatoms [11]. Developing a large-scale, high-density cultivation approach and convenient harvest method for benthic diatoms is important for the aquaculture of economically marine animals.

At present, corrugated plates are used as carriers in the cultivation of benthic diatoms, which are used directly for attachment of the larvae of abalone or sea cucumber after diatoms attached. The main disadvantages of this method are the large water requirement and poor biomass production [12]. Carrier culture is the combination of suspension culture and adherent culture, and is widely used for the culture of various cell types, including microalgae. [13]. Microalgae are attached to the surface of carriers so that it can be suspended in water, the microalgae density can be highly concentrated and the microalgae can be easily harvested [14].

The selection of attachment substrate by diatoms is not strictly specific. In nature, macroalgae is a common attachment substrate for epiphytic diatom, and harvested seaweed is also a common food source for cultivation of sea cucumber. Powders of macroalgae added to the culture system could be used as the attachment carrier for diatom cells. The carriers provide a large adhesion area for diatoms growth, and can remain suspended through continuous agitation during culture to ensure the material exchange between microalgae and the environment. Compared with the traditional culture using corrugated plate, this approach is expected to increase the density of benthic diatoms [15].

Microalgae are autotrophic organisms that absorb inorganic nutrients and convert them into organic compounds, and could serve as biofilters for the nutreints leaching from the dried macroalgae [16]. A combination of microalgae and macroalgae should provide a balanced diet, adhesive culture of diatom with macroalgae powder

as carrier is theoretically feasible. In order to provide a large-scale and high-density culture technology for benthic diatoms, several types of macroalgal powders were used as carriers for diatom culture. The cultivated diatoms and the macroalgae carriers were harvested as a whole, which is more conducive to healthy growth of the sea cucumber and does not damage the water quality and the bottom quality. The cultivated diatoms and macroalgae carriers could be directly used as fresh bait for aquaculture, or combined with other ingredients into various kinds of composite aquaculture feed. The study will have great practical significance for the aquaculture industry.

Methods

Materials

The benthic diatom *Nitzschia* sp. was provided by the Laboratory of Algae Biotechnology of Yantai University.

Seven kinds of macroalgae were selected as carriers for culture of benthic diatoms, including *Ulva pertusa*, degummed *Laminaria japonica*, *Sargassum muticum*, *Chaetomorpha valida*, *Zostera marina*, *Sargassum fusiforme*, and *Sargassum thunbergii*, which were commonly used as raw ingredients for sea cucumber feed. The dried macroalgae were provided by Qingdao Great Haidi Feed Co. Ltd, and were pulverized into ultra-fine pieces (<75 µm), and then dried thoroughly at 80 °C.

Seawater was collected from a clean area of the Bohai Sea in the Yantai region and used after deposition treatment and filtration by grit and a 0.45-µm membrane. The treated seawater had a pH of 7.5–7.9 and salinity of approximately 32‰.

Commercial feed (formulated diets) for sea cucumber was purchased from Qingdao Great Haidi Feed Co. Ltd. and contained 15% protein, 2–5% crude fat, 10% coarse fiber, and 45% crude ash, which was used as a ference diet in sea cucumber feeding test.

Treatment of carriers

Three different methods were used to process the carriers:

- A. 0.1 g seaweed powder and 300 ml M Guillard's F/2 culture medium (M-f/2 substrate)with silicate were sterilized separately at 121 °C for 30 min, and were then mixed after cooling.
- B. 0.1 g seaweed powder was added to 300 ml M-f/2 substrate with silicate. The mixture was sterilized at 121 $^{\circ}$ C for 30 min and was used in diatom culture after cooling.
- C. 300 ml M-f/2 substrate with silicate was sterilized at 121 °C for 30 min and was then supplemented with 0.1 g dried macroalga powder after cooling.

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The pH of the medium was adjusted to 7.5–7.9 before used in diatom culture.

Diatom cultivation

Culture medium (300 ml) was prepared according to the methods described above, and was added to 500-ml conical flasks. Diatom seed liquid were prepared in 500 mL sterilized flasks with M-f/2 substrate at 21–23 °C under illumination intensity of 3000 lx (42 $\mu E~m^{-2}~s^{-1}$) for 24 h on end. When reaching at log phase, the seed liquid was inoculated with 10% (v/v) into the medium. The diatoms were cultured at 21–23 °C in an oscillating incubator under continuous shaking at 120 r/min for 24 h at continuously illumination intensity of 3000 lx.

Three parallel cultures were set for every experiment, and diatom cultures without microalgal carrier were used as control. Throughout culturing, the growth and attachment of diatoms were observed daily using regular microscopy, and culturing was ended when the diatoms began to detach from the carrier.

After cultivation, the culture solution was centrifuged at 8000 r/min for 20 min to obtain the harvest containing diatoms and carriers, which were then washed twice with deionized water. The wet weight, total nitrogen (TN), total phosphorus (TP), protein, and polysaccharide contents were determined, as well as the content of total N and total P in the water after centrifugation.

Sea cucumber feeding test

Juvenile *Stichopus japonicus* were provided by Oriental Ocean Technology Co. Ltd. All animals used in this experiment were of the same batch. The sea cucumbers were acclimated to laboratory conditions after placement in square concrete tanks $(2 \times 2 \times 1.5 \text{ m})$ for at leat 15 days. The animals were cultured in the laboratory at room temperature $(15-18\,^{\circ}\text{C})$ until the start of the experiments and fed formulated diet every 2 days at a ratio of 3% of the animals' total fresh weight (W/W). Individuals with adequate physical strength (good stretching ability and pointed parapodium) and similar wet weights $(5.0\pm2.0 \text{ g})$ were selected for feeding experiments, the selected sea cucumbers were randomly assigned to each experimental group.

The experiments were conducted in plastic aquariums (100 cm in diameter and 80 cm in height, with a depth of 60 cm water) that were sterilized with potassium permanganate (KMnO₄) before the seawater was injected. A special frame with polyethylene corrugated plates was placed in each aquarium and was used for the attachment of sea cucumbers. The temperature and salinity of the water were controlled and ranged from 15–18 °C and 29–33‰, respectively. Sunshade nets were set above the aquariums in order to avoid the harm of direct sunlight

to the sea cucumber, and every aquarium was continuously aerated through two air vents to maintain the dissolved oxygen value between $5.3 \, \text{mg/L}$ and $7.10 \, \text{mg/L}$.

Four experimental feeding groups were set according to their diet: (1) diatoms cultured with *Ulva* carrier (group I), *Ulva* powder (group II), diatoms cultured without carrier (group III), and commercial feed (group IV). Three replicates were used for each treatment group, each containing 30 sea cucumbers.

Sea cucumbers were fed with feed (3% of animals' total fresh weight, W/W) every morning and evening (9:00AM and 5:00PM). The feed was dispersed evenly into each tank after immersing with seawater. Residual feed was siphoned off, and 1/3 of the water was replaced every day to maintain water cleanliness. The frame was replaced every 15 days. The total N and P contents of the aquaculture water were measured every five days (before water replacement) throughout a 60-day feeding period. The ingestion status and mortalities of the animals were recorded daily.

Sample collection and measurement

After the feeding experiment, all of the sea cucumbers were subject to a starvation period of 48 h, and then all individuals were removed to a clean cystosepiment to stretch naturally. Their body length and body mass were measured, and the animals were dissected in order to collect their body wall, intestines, and coelomic fluid. The weight of the body wall and the weight and length of the intestines as well as their biochemical compositions were determined to calculate the weight gain rate, specific growth rate, feed efficiency, ratio of visceral weight to body wall weight, ratio of intestine weight to body wall weight, and ratio of intestine length to body length. After drying at 65 °C to a consistent weight, the biochemical composition of the body wall was also analyzed.

The activities of acid phosphatase (ACP), alkaline phosphatase (AKP), and superoxide dismutase (SOD) in the coelomic fluid were determined, and the intestinal tract was immediate deep frozen and preserved at $-80\,^{\circ}\mathrm{C}$ until the activities of amylase (AMS), cellulase, and protease were determined.

Determination methods

The Kjeldahl method was applied to determine the total nitrogen (N) content in the algae harvest which was expressed in terms of the weight of nitrogen per gram of harvest (mg/g wt). Total phosphorus (P) in the havest was detected using ammonium molybdate spectrophotometric method after digested with $\rm H_2SO_4$ and was expressed as the weight of phosphorus per gram of havest (mg/g wt).

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The total nitrogen and total phosphorus contents in the water were measured according to the technical specifications in the manual "Criterion of Ocean Investigation" [17].

The increase of N and P (Δ N and Δ P, g) in the algal harvest were calculated as follows:

$$\Delta N = TN_1 \times m_1 - TN_2 \times m_2$$

$$\Delta P = TP_1 \times m_1 - TP_2 \times m_2$$

where TN_1 and TP_1 are the contents of total nitrogen and total phosphorus in the harvest after culture (mg/g wt), TN_2 and TP_2 are the total nitrogen and total phosphorus contents in the carrier materials (mg/g dry weight), m_1 is the wet weight (g) of the havest obtained after culture, and m_2 is the dry weight (g) of the seaweed carrier.

A Vario EL III Element Analyzer (Elementar Analysensysteme GmbH, Hanau, Germany) was used to measure the nitrogen content in the body walls, and the protein content was calculated as N \times 6.25. Fat concentration was determined using the Soxhlet extraction method, and ash content was assayed after heated for 10 h in an SX-2.5-10 N muffle furnace (Shanghai, China) at 400 °C.

Growth indices of sea cucumbers were calculated as follows:

The final weight: $W_f(g) = \frac{T_w}{N_f}$, where T_w is the final total weight of each individual, and N_f is the number that survived at the end of the experiment.

vived at the end of the experiment. Survival rate (*SR*): $Sr(\%) = \frac{100 \times N_f}{N_i}$, where N_f and N_i are the final and initial numbers of sea cucumbers, respectively.

Weight growth rate (WGR) : WGR(%) =
$$\frac{W_t - W_0}{W_0} \times 100$$

Special growth rate
$$\left(\mathit{SGR};\ \%\ \mathrm{d}^{-1}\right):\mathit{SGR} = \frac{100 \times (\ln W_t - \ln W_0)}{t}$$

Feed efficiency (FE) :
$$FE(\%) = 100 \times \frac{W_t - W_0}{F}$$

Ratio of visceral weight to body wall weight (VBR):

$$VBR(\%) = \frac{W_{\nu}}{W_b} \times 100$$

Ratio of intestine weight to body wall weight (IBR):

$$IBR(\%) = \frac{W_i}{W_b} \times 100$$

Ratio of intestine length to body length (IBL):

$$IBL(\%) = \frac{L_i}{L_b} \times 100$$

where W_t and W_0 are the average body wet weight at the end and beginning of the experiment, respectively, and t is the duration of the experiment. F is the quantity of feed. W_{ν} , W_b and W_i are the wet weights of the viscera, body wall, and intestines, respectively. L_i and L_b are the lengths of the intestines and bodies, respectively, of the sea cucumbers.

The activities of ACP, AKP, SOD, amylase, protease, and cellulase in coelomic fluid as well as protein contents were detected with corresponding kits purchased from the Nanjing Jiancheng Bioengineering Institute, these included an acid phosphatase assay kit, an alkaline phosphatase assay kit, a superoxide dismutase (SOD) assay kit, an amylase assay kit, a protease assay kit, and a cellulase (CL) test kit.

Statistical analyses

SPSS 17.0 software was used for all statistical analyses. One-way ANOVAs and T-tests were used for the comparative analyses. *P* values less than 0.05 were considered statistically significant.

Results

Growth state of Nitzschia

Nitzschia was cultured in media prepared according to method C described above, and Fig. 1 showed the microscopic observations of the diatoms at different culture stages. The macroalgae carriers showed a regular shape and darker color at the early stage of cultivation, and that a small number of diatoms were scattered in the water as observed in the field of vision.

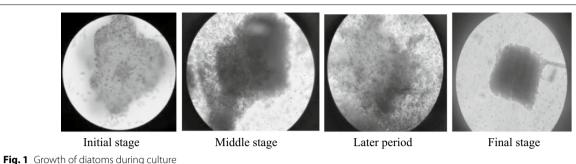
As the culture progressed, diatoms gradually aggregated around the carriers and grew on them (in the middle and late stage of culture), and the edges of the seaweed carriers gradually blurred and the color gradually lightened. During the final growth period (approximately 7 days), diatoms began to dissociate from the carriers. Diatoms on the macroalgal carriers gradually reduced, and most of the carriers became more transparent, indicating that they had decomposed.

To facilitate harvesting of the diatoms, a culture time of 6 days was used in subsequent experiments. At this time-point, most diatoms were still attached to or aggregated on the carrier, forming large clusters of diatoms, which was conducive for harvesting.

Effects of macroalgae carriers on the culture of diatoms

Nitzschia was cultured in media prepared according to method C with 7 different macroalgal powders as carriers. Figures 2 and 3 display the final concentrations of

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total nitrogen and phosphorus in the water and algal harvest, respectively.

The contents of nitrogen and phosphorus in the M-f/2 medium were 12.321 mg/L and 1.086 mg/L, respectively. After culturing, the control group cultured without carriers displayed significantly lower concentrations of total nitrogen and phosphorus than those of the initial M-f/2 medium (p < 0.05), while higher levels were observed in the experimental groups with different seaweed carriers (Fig. 2). Microscopic observations also showed that the intracellular contents of the seaweed carriers gradually dissolved during the culture process, suggesting decomposition of the carriers to various degrees. The total nitrogen concentrations in the culture water were significantly higher in the groups cultured with Sargassum muticum, Sargassum thunbergii, and degummed *Laminaria japonica* than those of other groups (p < 0.05), while the total phosphorus concentrations were higher

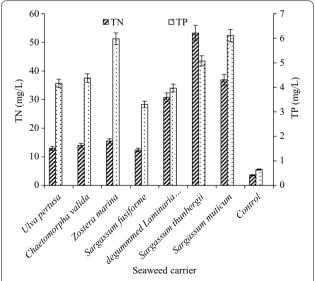


Fig. 2 Total nitrogen and phosphorus concentrations in water upon completion of culture

in the groups cultured with *Zostera marina*, *Sargassum muticum*, and *Sargassum thunbergii* (p<0.05). Our results indicate that the macroalgae differ in their degree of decomposition and the substances released after decomposition.

In the diatom culture system that included *Ulva pertusa* as the carrier, the increase of N and P (Δ N and Δ P, g) in the algal harvest were significantly greater than those of the control without carrier (p<0.01) and the other experimental groups (p<0.01), while the final concentrations of nitrogen and phosphorus in the water were lower in the *Ulva*-treated group than in the other experimental groups (excluding the *Sargassum fusiforme*–treated group), indicating that the nitrogen and phosphorus generated by the decomposition

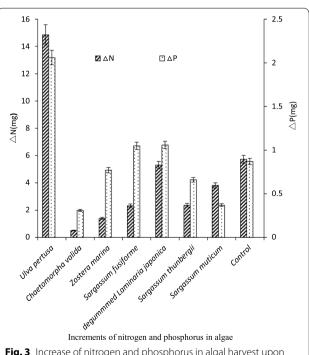


Fig. 3 Increase of nitrogen and phosphorus in algal harvest upon completion of culture

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of *Ulva* could be quickly utilized by the diatoms for growth.

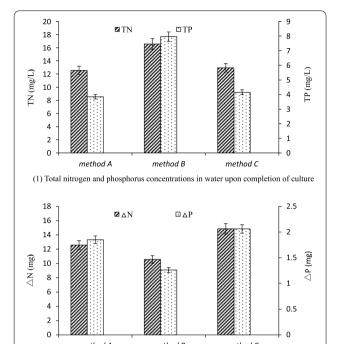
In the groups treated with degummed kelp and Sargassum fusiforme, the increases in phosphorus in the algal mud were greater than that of the control group (p < 0.05). The increase in nitrogen in the control group was greater than that of the Sargassum fusiforme-treated group (p < 0.05) but was similar to that of degummed kelp-treated group (p > 0.05). The final concentrations of nitrogen and phosphorus in the water of the degummed kelp-treated group were significantly higher than that of the control group (p < 0.05). The final nitrogen concentration in the water of the Sargassum fusiforme-treated group was significantly lower than that of the degummed kelp-treated group (p < 0.05) and nearly equal to that of the M-f/2 medium (p > 0.05), but the final phosphorus concentration was higher than that of the M-f/2 medium (p < 0.01) and lower than that of the degummed kelptreated group (p < 0.05).

In the *Sargassum muticum*- and *Sargassum thunbergii*-treated groups, the increases in nitrogen and phosphorus in the algal harvest were significantly less than that of the control group (p < 0.05), and the final concentrations of nitrogen and phosphorus in water were significantly higher than the initial value (p < 0.05) and those of the control group (p < 0.05). Using *Chaetomorpha valida* as carrier, the increases in nitrogen and phosphorus in the algal harvest were significantly less than that of the control group (p < 0.01), while the final concentrations of nitrogen and phosphorus in the water were similar to that of the *Ulva*-treated group (p > 0.05) and significantly higher than that of the control group (p < 0.01).

The results indicated that the diatoms should utilize the nutrients released by the macroalgae carriers and the utilization was different among seven carriers during culture. When compared with these seven macroalgae on a comprehensive basis, *Ulva* appears to be the most favorable carrier for the culture of diatoms.

Effect of carrier treatment on diatom culture

Figure 4 shows the effects of three treatment methods on the cultivation of diatoms. The greatest increases of nitrogen and phosphorus in the algal harvest were achieved when the Ulva powder was treated according to method C, somewhat higher than the group that the carrier was treated using method A (p>0.05) and method B (p<0.05), respectively. When Ulva powder was treated according to method A, the concentrations of nitrogen and phosphorus in the culture water were similar to those of the group that the carrier was treated using method C (p>0.05), and lower than that of the group treated the carrier according to method B (p<0.05). When the Ulva



(2) Increases in nitrogen and phosphorus in algal mud upon completion of culture **Fig. 4** Effects of carrier treatment methods on diatom culture. Method A: Ulva powder and M-f/2 culture medium were sterilized separately at 121 °C for 30 min. Method B: Ulva powder and M-f/2 culture medium were mixed and then sterilized at 121 °C for 30 min. Method C: Ulva powder was added to sterilized M-f/2 culture medium after drying at 80 °C

powder was treated using method B, the concentrations of nitrogen and phosphorus in the water were significantly higher than for the other two methods (p<0.05), but the algal harvest was less (p<0.05). Compared with the other two methods, method C is the most favorable for diatom culture because it is easy to implement in production and is more suitable for large-scale cultivation of diatoms.

Effect of feed on the growth of juvenile sea cucumbers

As shown in Table 1, the survival rates of juvenile sea cucumbers fed with four types of feed were all greater than 95%, with little difference observed among feed (p>0.05). The final weight, WGR, and SGR of juvenile sea cucumbers fed with two types of diatoms (diatom culture with or without carrier) were significantly greater than those of the commercial feed group (p<0.05). The feed efficiencies of the four diets displayed a similar trend. Among the four feeding groups, the sea cucumber fed with Ulva powder had the greatest VBR, IBR, and LBL, and the IBR and LBL were significantly different from the other three groups (p<0.05). The VBR, IBR, and LBL

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Table 1 Effects of four types of feed on the growth of juvenile sea cucumbers (n = 15)

Bait	Group I	Group II	Group III	Group IV
	Diatoms cultured with <i>Ulva</i>		Diatoms cultured without carrier	Commercial bait
Survival rate (SR, %)	98.88±0.37	95.55 ± 0.75	98.88 ± 0.46	97.78 ± 0.44
Final weight (Wt, g)	15.23 ± 1.12^a	$8.06 \pm 0.95^{\circ}$	$15.56 \pm 1.23^{\circ}$	11.01 ± 1.03^{b}
Weight growth rate (WGR, %)	144.67 ± 7.76^{a}	$61.24 \pm 8.10^{\circ}$	151.21 ± 7.54^{a}	100.22 ± 7.94^{b}
Special growth rate (SGR; % d ⁻¹)	1.49 ± 0.09^{a}	$0.80 \pm 0.08^{\circ}$	1.54 ± 0.11^a	1.16 ± 0.12^{b}
Feed efficiency (FE, %)	85.32 ± 6.42^a	$43.25 \pm 4.35^{\circ}$	87.65 ± 7.15^{a}	78.64 ± 6.54^{b}
Ratio of visceral weight to body wall weight (VBR, %)	17.52 ± 0.93	19.34 ± 1.12	17.44 ± 0.87	18.15 ± 1.02
Ratio of intestine weight to body wall weight (IBR, %)	4.15 ± 0.21	5.03 ± 0.33^{a}	4.16 ± 0.25	4.32 ± 0.19
Ratio of intestine length to body length (IB, %)	4.27 ± 0.15	5.33 ± 0.17^{a}	4.25 ± 0.11	4.37 ± 0.16

In the same row, values with the same superscripts or no superscripts are not significantly different (p > 0.05), while distinct superscripts signify significant differences between values (p < 0.05)

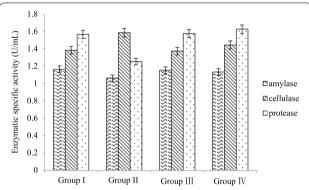


Fig. 5 Effects of four types of feed on the activities of digestive enzymes from juvenile sea cucumbers. In Groups I, II, III, and IV, sea cucumbers were fed diatoms cultured with *Ulva*, *Ulva* powder, diatoms cultured without carriers, and commercial feed, respectively

of the two diatom feeding groups were slightly less than those of the commercial feed group (p > 0.05).

Effect of feed type on the activities of digestive enzymes from juvenile sea cucumbers

The effects of different feed on the activities of intestinal digestive are summarized in Fig. 5. No significant differences were observed in the activities of amylase, cellulose, and protease in the intestines of juvenile sea cucumbers (p>0.05) upon completion of the feeding experiment. The activities of the three digestive enzymes in the two groups fed with diatoms showed little difference when compared to the animals fed with commercial feed, while the activities of amylase and protease were slightly greater than those fed with Ulva powder (p>0.05), and cellulase activity was less than that of the group fed with Ulva powder (p>0.05).

Effect of feed type on the activities of non-specific immune enzymes

The effects of feed type on the activities of several nonspecific immune enzymes in the coelomic fluid of juvenile sea cucumbers are summarized in Table 2. Similar to digestive enzymes, the activities of these enzymes in the sea cucumbers fed with diatoms were slightly greater

Table 2 Effects of four types of feed on the non-specific immune enzymes of juvenile sea cucumbers (n = 15)

Bait	Group I	Group II	Group III	Group IV	
	Diatom cultured with <i>Ulva</i>	<i>Ulva</i> powder	Diatoms cultured without carrier	Commercial bait	
ACP (U/mg pr)	55.56 ± 3.24 ^a	42.35 ± 3.15 ^b	55.12 ± 2.98 ^a	52.18 ± 4.26 ^a	
AKP (U/mg pr)	4.35 ± 0.69^{a}	2.96 ± 0.58^{b}	4.55 ± 0.72^{a}	4.01 ± 0.65^{a}	
SOD (U/mg pr)	42.18 ± 2.15^{a}	35.78 ± 2.26^{b}	43.25 ± 2.57^{a}	40.98 ± 2.67^{a}	
GSH-Px (U/mg pr)	123.56 ± 3.33^{a}	98.62 ± 3.01 ^c	125.78 ± 2.98^{a}	115.34 ± 3.15^{b}	

In the same row, values with the same superscripts or no superscripts are not significantly different (p > 0.05), while distinct superscripts signify significant differences between values (p < 0.05)

than those of the commercial feeding group (p>0.05),

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Table 3	Effects of four types	of feed on the biochemica	al components of juvenile	sea cucumbers (n = 15)
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Bait	Group I	Group II	Group III	Group IV	
	Diatoms cultured with <i>Ulva</i>	<i>Ulva</i> powder	Diatoms cultured without carrier	Commercial bait	
Protein (%) ^a	33.08 ± 1.25	30.96 ± 0.98	33.14±0.99	32.96 ± 1.06	
Lipid (%) ^a	4.79 ± 0.65	4.16 ± 0.58	4.82 ± 0.63	4.96 ± 0.62	
Ash (%)	56.54 ± 2.78	56.86 ± 2.53	56.46 ± 2.64	56.49 ± 2.34	
Water (%)	91.32±3.12	91.36 ± 3.01	91.05 ± 2.61	90.96 ± 2.47	

^a Protein and lipid content are expressed as the dry basis

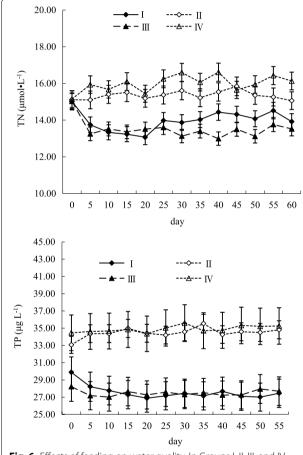


Fig. 6 Effects of feeding on water quality. In Groups I, II, III, and IV, sea cucumbers were fed diatoms cultured with *Ulva*, *Ulva* powder, diatoms cultured without carriers, and commercial feed, respectively

and were significantly greater than those of the Ulva feeding group (p < 0.05).

Effects of feed type on biochemical components of juvenile sea cucumbers

The effects of feed type on the biochemical components of juvenile sea cucumbers are summarized in Table 3. The biochemical components exhibited no significant

differences (p > 0.05) among the animals fed with diatoms cultured with or without carriers and commercial feed. However, protein and lipid contents were slightly less in the juvenile fed with Ulva (p < 0.05).

Effects of feed type on water quality

As shown in Fig. 6, when animals were fed with the two types of diatoms cultured with or without carriers, the total nitrogen and phosphorus in the aquaculture water were maintained at low levels because the elements could be absorbed by the large number of living algae in the system. However, the nitrogen and phosphorus levels in the water were significantly higher in the groups fed with commercial feed and Ulva powder (p < 0.05).

Discussion

The growth of benthic diatoms is often assessed using the microcount method following suspension of algal cells. However, in our experiments, diatoms were attached to the surface of carrier, and it is difficult to separate a large number of overlapping algal cells using conventional methods, which results in inaccurate counts. The levels of proteins, polysaccharides, and other macromolecules can also be used as indicators of microalgal growth and can be determined after crushing and extraction by freeze-thawing or ultrasonic methods, but it is difficult to determine the attribution of macromolecules due to the difficulty in separating microalgae and algal carriers. The presence of carriers made cell fragmentation more difficult and prevented complete extraction of proteins and other macromolecules. In addition, large amounts of extracellular polysaccharides (EPS) are secreted during the growth of benthic diatoms, and the amount of EPS and protein secreted are significantly affected by the diatom growth period, cell density, cell growth rate, and environmental factors [18, 19]. Therefore, these secreted factors cause greater error when using polysaccharide or protein levels as indices to assess diatom growth [20].

The total nitrogen and phosphorus concentrations in the algal harvest could be determined after the oxidative Jiang *et al. Helgol Mar Res (2020) 74:11* Page 9 of 11

digestion of organic matter, which was not disturbed by the extraction. In the process of diatom culture, the macroalgae carrier decomposed and released nutrients, which reduced the nitrogen and phosphorus levels of the carrier. Diatoms absorbed nutrients in the water and converted them into their own biomass, which increased the nitrogen and phosphorus content in the harvest. In this experiment, the algal harvest containing diatoms and macroalgae residue was used as a whole as feed of sea cucumber, so the composition was evaluated as a whole. Increases in nitrogen and phosphorus should be used as a visual indicator of diatom growth along with changes in the levels of dissolved nutrients in the water.

Macroalgae can release a large amount of nutrients in various forms (solution, granular, and colloidal) during death and decomposition [21], which can increase nitrogen and phosphorus levels in the water [22, 23]. In the process of growth and reproduction, microalgae can absorb a large amount of nutrient salts from the water in the form of ions (such as soluble orthophosphates) and colloids. The nitrogen and phosphorus nutrients in this experiment were added once prior to inoculation with microalgae, and the culture medium was not replenished during the culture process. The nitrogen and phosphorus nutrients in the culture medium were gradually utilized by diatoms and converted into microalgal biomass; thus, the levels of nitrogen and phosphorus in the water in the control group without carriers decreased continuously during culture. When the seaweed carrier was added into the culture system, nitrogen and phosphorus levels increased, indicating decomposition of the macroalgae. Microscopic observation also demonstrated that during the culture process, the seaweed was degraded and its intracellular contents were dissolved.

Varied effects of different macroalgae were observed on the growth of diatoms. As shown in Table 4, the nitrogen and phosphorus contents of several carriers were quite different, indicating that different nutrients were released

Table 4 Nitrogen and phosphorus content in seven seaweeds

Macroalgae	P (mg/g)	N (mg/g)	Ratio of N and P
Ulva	4.397	33.187	16.713
Cladophora	4.712	25.020	11.757
Sargassum muticum	6.993	31.143	9.861
Degummed kelp	4.794	31.823	14.699
Sargassum thunbergii	4.116	41.349	22.244
Cystophyllum	5.712	66.855	25.917
Zostera marina	6.520	41.685	14.157

during decomposition. In addition, other substances are

also likely to be released during algal decomposition that inhibit or promote the growth of diatoms [24]. Using microscopic observation, we observed varied changes in the different carriers throughout the culture process, as well as in the decomposition rate of macroalgae.

For example, the decomposition rates of *Sargassum thunbergii* and *Sargassum fusiforme* were relatively fast, and the edges of the macroalgae became invisible after only three days, which was not conducive to the attachment of diatoms. The decomposition of *Chaetomorpha valida* was slow, and the release of intracellular substances likely takes at least 5–7 days, resulting in nitrogen and phosphorus levels too low to meet the needs of diatoms in culture.

From the perspective of diatom growth, the appropriate macroalgal carrier should have a moderate decomposition speed, the nitrogen and phosphorus released by decomposition should be at levels suitable for the growth of diatoms. Additionally, diatoms should be able to easily adhere to the surface of the carrier. Among the seven seaweeds used in this experiment, *Ulva pertusa* was the most suitable for the cultivation of diatoms and could effectively increase the diatom biomass. Additionally, *Ulva* itself is a good raw material for aquatic feed.

The main purpose of culture medium sterilization in microalgae culture is to kill protozoans, most protozoans can be killed when subjected to temperatures of 40–50 °C for 5–10 min [25]. The seaweed used in this experiment was dried at 80 °C, which was sufficient to kill protozoans in the carriers and can destroy algal cell walls to facilitate the dissolution of intracellular nutrients. Sterilization at 120 °C also facilitates the release of intracellular nutrients, but faster nutrient release speeds at higher temperature leading to high concentrations of nitrogen and phosphorus in the culture solution. The algal powder also tended to aggregate after sterilization at 120 °C. All of these factors could affect the growth of diatoms.

Sterilization of seaweed powder and culture medium mixture at 120 °C promoted the release of intracellular substance, the excessive decomposition of the carrier was not conducive to diatom adhesion. Method C, seaweed powder was dried at 80 °C and the liquid medium was sterilized at 121 °C separately, this method should resulted in sufficient sterilization for diatom culture, and is easy to implement in a production environment. It is more suitable for the mass cultivation of diatom.

The adherent growth of diatoms results in low utilization of space, and makes it difficulty in the production and cultivation of benthic diatoms on a large scale. Adding carriers to the culture system could increase the available surface area for diatom attachment, and made it

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possible for the diatom to float under aeration, thus effectively increasing the space utilization and growth of the microalgae.

Adherence to the surface of carriers also facilitates the harvest of diatom, because the diatoms could gather into pieces to form a larger floating area in the water. We also observed significantly lower concentrations of total nitrogen and total phosphorus in the water of the group fed with diatoms cultured with carriers than in that of the group fed with commercial feed. Using living diatoms as feed could regulate culture environments, and reduce the occurrence of animal diseases.

The fresh feed obtained from carrier culture was rich in diatom, its rich nutrition could effectively promote the growth of aquaculture organisms. Many of the growth indices of juvenile sea cucumbers fed with diatoms on carriers were higher than those fed with commercial feed; the differences in VBR, IBR, and LBL indicated that diatoms cultured with carriers were easier to digest and could promote the growth of sea cucumbers 1.5-fold more than commercial feed. In addition, the activities of several non-specific immune enzymes in juvenile *S. japonicus* were all greater than those of the group fed with commercial feed, indicating that the feed could effectively improve the immunity of cultured organisms and enhance their disease resistance.

Conclusion

The characteristics of adherent growth of benthic diatoms make it difficult to cultivate on a large scale. In the carrier cultivation model, benthic diatoms could attach on the surface of macroalgae powder to improve the space utilization, and utilize the nutrients released by macroalgae carrier to increase their biomass. Drying *Ulva* powder at 80 °C should meet the sterilization requirements for microalgal culture, which is easy to implement in production and is suitable for the mass culture of diatoms. Feeding juvenile sea cucumbers with diatoms cultured with *Ulva* powder could effectively promote the growth of sea cucumbers and enhance the immunity of the animals.

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Authors' contributions

AJ designed the experimental scheme and did most of the writing, HJ carried out the culture of diatom, HL and HZ carried out the feeding experiment of sea cucumber, GA and XG helped with the interpretation of the results. All authors read and approved the final manuscript.

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Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Ethics approval and consent to participate

This study does not involve human participants, animals followed all applicable international and national guidelines for use of animals in research. All authors have consented to participate.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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